

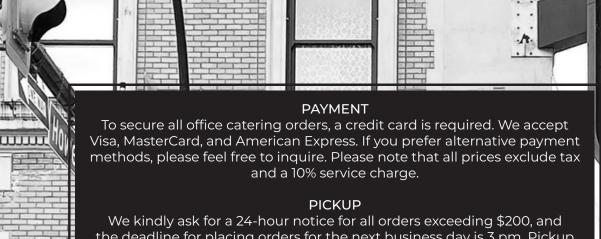
# Belg

## BREAKFAST

substitute gluten-free bread +2

SEASONAL FRUIT CUP		9
YOGURT PARFAIT blueberry basil compote, granola		9
CINNAMON APPLE OVERNIGHT OATS maple, apple compote, almond		9
BREAKFAST SANDWICH bacon, egg, mushroom, arugula, horseradish aioli		10
SPICY KALE BREAKFAST SANDWICH egg, sriracha aioli, provolone		10
BREAKFAST BURRITO chorizo, egg, hash brown, salsa verde, cotija		15
EGG WHITE & FETA WRAP spicy kale, potato confit, chipotle aioli		15
EXECUTIVE LUNCH		
your choice of sandwich, personal green salad and chips or cookie		24
BOWLS	INDIVIDUAL	TO SHARE
MEDITERRANEAN CHOPPED SALAD cucumber, tomato, kalamata, spiced chickpeas, feta, lemon vinaigrette	16	9.5
COBB SALAD chicken, bacon, egg, tomato, blue cheese, avocado, buttermilk ranch	20	12
ALBACORE TUNA SUSHI BOWL avocado, orange, radish, jalapeño, sushi rice, citrus soy	20	12
BIBIMBAP BOWL	20	12
grilled chicken, egg, jalapeño, kimchi, sesame, aioli		
add ons chicken +6   bacon +3   avocado +3   hard boiled egg +3		
SANDWICHES		
WAGYU ROAST BEEF BUN brioche bun, miso-mustard, arugula, crispy shallots, fresh horseradish		18
SPICY SMOKED TURKEY marble rye, pickled red onion, arugula, avocado, dill, spicy aioli		18
LEMONGRASS CHICKEN BANH MI cucumber, pickled carrot & daikon, jalapeño, cilantro, black pepper jam		16
VEGAN HUMMUS WRAP carrot, cucumber, pickled red onion, radish, tomato, balsamic dijon		12
BLT bacon, lettuce, tomato, lemon herb aioli		15
ALT avocado, lettuce, tomato, lemon herb aioli		14

PLATTERS 48 hours notice required   minimum of 5 persons p	oer order		PER PERS	ON
FRUIT PLATTER includes seasonal fruit, melon, berries				10
CRUDITÉ PLATTER includes seasonal vegetables, roasted garlic hummus				10
ARTISAN CHEESE PLATTER traditional accompaniments				12
CHEESE & CHARCUTERIE PLATTER traditional accompaniments				16
	INDI\/IDIIAI	HALF DOZEN		'ENI
PASTRIES		NALF DOZLIN	FULL DOZ	LIN
MIXED BERRY MUFFIN	5.5			
BUTTER CROSSIANT	4.75			
PAIN AU CHOCOLAT	5.5			
ORANGE & CRANBERRY SCONE	5.75			
VEGAN EARL GREY & LEMON LOAF	4			
ORANGE & CRANBERRY SCONE	5.75			
CARAMEL & SMOKED ALMOND BROWNIE (gf)	4.25			
ENERGY BITES (gf)	4			
VEGAN HAZELNUT & CHERRY GRANOLA BAR (gf)	4.5			
ASSORTED PASTRIES		30	58	
COOKIES	INDIVIDUAL	HALF DOZEN	FULL DOZ	ΈN
SALTED CHOCOLATE CHIP	3.75			
OATMEAL & CRANBERRY	3.75			
ASSORTED COOKIES		20	40	
BEVERAGES				
CRAFT CULTURE KOMBUCHA				7.5
lavender lemonade, peach basil, strawberry mojito, cherry cre	eam soda			7.0
THE JUICE TRUCK JUICES small - just orange, the tumeric   large - the green				9.5
ASSORTED POP			3	.65
coke, diet coke, perrier sparkling water, san pellegrino limona	ata			
UMBRIA BIZZARRI DRIP COFFEE				25
half batch (serves approximately 6 cups) full batch (serves approximately 12 cups)				25 40
RISHI TEA				
full batch (serves approximately 12 cups)				54



We kindly ask for a 24-hour notice for all orders exceeding \$200, and the deadline for placing orders for the next business day is 3 pm. Pickup service is available every day at Bel Café, situated at 801 West Georgia Street. The pickup hours are Monday to Friday from 7:30 am to 4:00 pm and Saturday to Sunday from 8:30 am to 4:00 pm.

#### **CHANGES & CANCELLATIONS**

We request a 24-hour notice (equivalent to one business day) for any changes or cancellations. Cancellations made within 24 hours of the scheduled pick up time will incur a fee equal to 50% of the total order amount.

#### **ALLERGIES & DIETARY RESTRICTIONS**

Please provide any allergies or dietary restrictions upon placing your order and we will do our best to accommodate. Kindly note that our team will do their utmost to avoid allergen contamination, however we cannot 100% guarantee that any dishes are fully allergen free.

### **INQUIRIES & ORDERS**

We request that all orders be placed Monday to Friday during office hours, with a minimum of 24 hours' notice. Orders for the next business day must be submitted & confirmed by 3 pm.

Email: events@hawksworthgroup.com Phone: 604-605-3325 ext. 305



\*delivery is available from 10am to 5pm within radius above