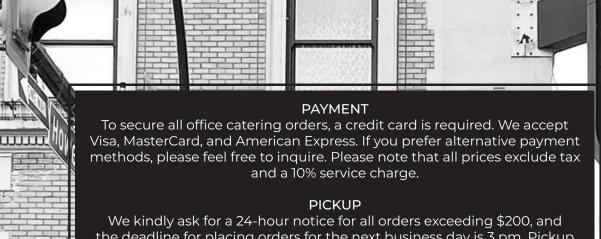


## BREAKFAST

SEASONAL FRUIT CUP		9
YOGURT PARFAIT blueberry basil compote, granola		9
CINNAMON APPLE OVERNIGHT OATS maple, apple compote, almond		9
BREAKFAST SANDWICH bacon, egg, mushroom, arugula, horseradish aioli		10
SPICY KALE BREAKFAST SANDWICH egg, sriracha aioli, provolone		10
BREAKFAST BURRITO chorizo, egg, hash brown, salsa verde, cheddar		15
EGG WHITE & FETA WRAP spicy kale, potato confit, chipotle aioli		15
EXECUTIVE LUNCH		
		0.4
your choice of sandwich, personal green salad and chips or cookie		24
BOWLS	INDIVIDUAL	TO SHARE
MEDITERRANEAN CHOPPED SALAD	16	9.5
cucumber, tomato, kalamata, spiced chickpeas, feta, lemon vinaigrette		
COBB SALAD	20	12
chicken, bacon, egg, tomato, blue cheese, avocado, buttermilk ranch		
ALBACORE TUNA SUSHI BOWL avocado, orange, radish, jalapeño, sushi rice, citrus soy	20	12
BIBIMBAP BOWL	20	12
grilled chicken, egg, jalapeño, kimchi, sesame, aioli	20	12
TUSCAN MIXED GREENS	14	8
cucumber, grape tomato, radish, lemon vinaigrette		
SANDWICHES		
WAGYU ROAST BEEF BUN		18
brioche bun, miso-mustard, arugula, crispy shallots, fresh horseradish		10
SPICY SMOKED TURKEY		18
marble rye, pickled red onion, arugula, avocado, dill, spicy aioli		
LEMONGRASS CHICKEN BANH MI cucumber, pickled carrot & daikon, jalapeño, cilantro, black pepper jam		16
VEGAN HUMMUS WRAP carrot, cucumber, pickled red onion, radish, tomato, balsamic dijon		12
BLT bacon, lettuce, tomato, lemon herb aioli		15
ALT avocado, lettuce, tomato, lemon herb aioli		14

add ons chicken +6 | bacon +3 | avocado +3 | hard boiled egg +3 substitute gluten-free bread +2

PLATTERS 48 hours notice required   minimum of 5 persons p	er order		PER PERSON
FRUIT PLATTER includes seasonal fruit, melon, berries			10
CRUDITÉ PLATTER includes seasonal vegetables, roasted garlic hummus			10
ARTISAN CHEESE PLATTER traditional accompaniments			12
CHEESE & CHARCUTERIE PLATTER traditional accompanime	ents		16
PASTRIES	INDIVIDUAL	HALF DOZEN	FULL DOZEN
MIXED BERRY MUFFIN	5.5		
BUTTER CROSSIANT	4.75		
PAIN AU CHOCOLAT	5.5		
ORANGE & CRANBERRY SCONE	5.75		
VEGAN EARL GREY & LEMON LOAF	4		
CARAMEL & SMOKED ALMOND BROWNIE (gf)	4.25		
ENERGY BITES (gf)	4		
VEGAN HAZELNUT & CHERRY GRANOLA BAR (gf)	4.5		
ASSORTED PASTRIES		30	58
COOKIES	INDIVIDUAL	HALF DOZEN	FULL DOZEN
COOKIES  SALTED CHOCOLATE CHIP	INDIVIDUAL 3.75	HALF DOZEN	FULL DOZEN
		HALF DOZEN	FULL DOZEN
SALTED CHOCOLATE CHIP	3.75	HALF DOZEN	FULL DOZEN 40
SALTED CHOCOLATE CHIP OATMEAL & CRANBERRY ASSORTED COOKIES	3.75		
SALTED CHOCOLATE CHIP OATMEAL & CRANBERRY	3.75		
SALTED CHOCOLATE CHIP OATMEAL & CRANBERRY ASSORTED COOKIES  BEVERAGES CRAFT CULTURE KOMBUCHA	3.75 3.75		
SALTED CHOCOLATE CHIP OATMEAL & CRANBERRY ASSORTED COOKIES  BEVERAGES  CRAFT CULTURE KOMBUCHA lavender lemonade, peach basil, strawberry mojito, cherry cre	3.75 3.75	20	40 7.5
SALTED CHOCOLATE CHIP OATMEAL & CRANBERRY ASSORTED COOKIES  BEVERAGES CRAFT CULTURE KOMBUCHA	3.75 3.75	20	40
SALTED CHOCOLATE CHIP  OATMEAL & CRANBERRY  ASSORTED COOKIES  BEVERAGES  CRAFT CULTURE KOMBUCHA lavender lemonade, peach basil, strawberry mojito, cherry cre THE JUICE TRUCK JUICES small - just orange, the tumeric   large - the green  ASSORTED POP	3.75 3.75 eam soda	20	40 7.5
SALTED CHOCOLATE CHIP  OATMEAL & CRANBERRY  ASSORTED COOKIES  BEVERAGES  CRAFT CULTURE KOMBUCHA  lavender lemonade, peach basil, strawberry mojito, cherry cre  THE JUICE TRUCK JUICES  small - just orange, the tumeric   large - the green	3.75 3.75 eam soda	20	40 7.5 6   large 9.5
SALTED CHOCOLATE CHIP  OATMEAL & CRANBERRY  ASSORTED COOKIES  BEVERAGES  CRAFT CULTURE KOMBUCHA lavender lemonade, peach basil, strawberry mojito, cherry cre THE JUICE TRUCK JUICES small - just orange, the tumeric   large - the green  ASSORTED POP  coke, diet coke, perrier sparkling water, san pellegrino limona UMBRIA BIZZARRI DRIP COFFEE	3.75 3.75 eam soda	20	40 7.5 6   large 9.5 3.65
SALTED CHOCOLATE CHIP  OATMEAL & CRANBERRY  ASSORTED COOKIES  BEVERAGES  CRAFT CULTURE KOMBUCHA lavender lemonade, peach basil, strawberry mojito, cherry cre THE JUICE TRUCK JUICES small - just orange, the tumeric   large - the green  ASSORTED POP  coke, diet coke, perrier sparkling water, san pellegrino limona  UMBRIA BIZZARRI DRIP COFFEE half batch (serves approximately 6 cups)	3.75 3.75 eam soda	20	40 7.5 6   large 9.5 3.65
SALTED CHOCOLATE CHIP  OATMEAL & CRANBERRY  ASSORTED COOKIES  BEVERAGES  CRAFT CULTURE KOMBUCHA lavender lemonade, peach basil, strawberry mojito, cherry cre THE JUICE TRUCK JUICES small - just orange, the tumeric   large - the green  ASSORTED POP coke, diet coke, perrier sparkling water, san pellegrino limonal UMBRIA BIZZARRI DRIP COFFEE half batch (serves approximately 6 cups) full batch (serves approximately 12 cups)	3.75 3.75 eam soda	20	40 7.5 6   large 9.5 3.65
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We kindly ask for a 24-hour notice for all orders exceeding \$200, and the deadline for placing orders for the next business day is 3 pm. Pickup service is available every day at Bel Café, situated at 801 West Georgia Street. The pickup hours are Monday to Friday from 7:30 am to 4:00 pm and Saturday to Sunday from 8:30 am to 4:00 pm.

## **CHANGES & CANCELLATIONS**

We request a 24-hour notice (equivalent to one business day) for any changes or cancellations. Cancellations made within 24 hours of the scheduled pick up time will incur a fee equal to 50% of the total order amount.

## **ALLERGIES & DIETARY RESTRICTIONS**

Please provide any allergies or dietary restrictions upon placing your order and we will do our best to accommodate. Kindly note that our team will do their utmost to avoid allergen contamination, however we cannot 100% guarantee that any dishes are fully allergen free.

## **INQUIRIES & ORDERS**

We request that all orders be placed Monday to Friday during office hours, with a minimum of 24 hours' notice. Orders for the next business day must be submitted & confirmed by 3 pm.

Email: events@hawksworthgroup.com Phone: 604-605-3325 ext. 305



\*delivery is available from 10am to 5pm within radius above